

y Ricky, March 2008

Dear Readers

The purpose of this letter is to give you an up date as far as the NRF Trust Funds are concerned, how the work of the Trust is progressing and the way forward.

The Board of Trustees consist of the following highly credible individuals : Dr W T Lake (Lake Smith & Partners), Dr H Staub (Head of Rehab, Entabeni Hospital and Neurologist), Dr G Meyer (Clinical Psychologist) and Judge G Alexander (retired High Court Judge) as well as Gayle Rey.

My role as CEO and Founder of the Trust makes me responsible for the day to day activities and running of the business of the Trust, but perhaps it is a little unclear as to exactly what the Trust intends to do and how it proposes to achieve its goals. I would like to share the following with you:

The aims and objectives for which the Trust has been constituted are to utilize the capital and/or income of the Trust for donations to be made from time to time to persons and/or organizations and/or institutions as the Trustees - in their sole and absolute discretion- may think fit and proper to receive such donation but subject thereto that:

1. A person or persons in terms hereof shall mean a person or persons that has been injured in a horse related incident which resulted in neurological and/or other physical trauma to such person;
2. Institutions and/or organizations in terms hereof shall mean institutions and or organizations which provide for or assist rehabilitation and/or after care of persons who have been injured in a horse related incident which resulted in neurological and/or other physical trauma to such person;
3. A horse riding incident shall mean any incident of whatsoever nature wherein a horse or horses are involved in the causation of the injury suffered by a person whether such person was at the time of the incident riding the horse or not;
4. Horse riding shall mean any activity relating to the riding of a horse for the purpose of sport, recreation, work, treatment or other, and shall include but not be limited to horse racing, polo, out riding and/or any other form of eventing;
5. The aforesaid utilization of the said capital and income of the trust are to be made by the Trustees in their sole and absolute discretion without regard to view of others SUBJECT thereto that in the event of payment be made to such an individual, such individual does not have sufficient funds or cover from his/her medial aid or from personal funds to pay for his/her rehabilitation and/or after care.

The Trustees have general powers and control of the Trust and/or its assets and shall strive to attain the objectives for which the trust was established.

They also have, amongst other powers, the power to invest the capital amount and also such income from the Trust which may NOT IMMEDIATELY be required for the purpose of the trust, in such a manner that they may think fit and to realize, vary and transpose any securities, assets and/or property from time to time and at such times as they in their sole discretion shall determine or consider to be in the best interest of the Trust.

The Trust was registered with the Master of the High Court, Pietermaritzburg, on 26 August 2005 under No IT1399/2005/PMB and registered as a Non Profit Organization with registration number 053-376NPO. The Trust was entered into the NPO register on 28 February 2007. The Legal representatives of the Trust are Attorneys Booyen & Company Incorporated, a firm of Attorneys in w:st="on"Durban and the Trust's Auditors are YD Maharaj & Company, a CA Firm of Durban. (Ref Mr YD Maharaj). At the last Trustees meeting on 6 December 2007, the Trustees requested that the books be taken away from BDO Spencer, as CA Firm of Durban and taken to YD Maharj & Co. BDO seemed to take forever getting the financial done and charged the Trust huge audit fees. YD Maharaj offered to sponsor the Audit and undertook to let us have the audit by the end of the 1st week of March 2008.

The Trust received an application for assistance by Talita Van Rooyen, an ex jockey who was left

paralysed after her horse fell on top of her while riding work one morning. On Monday 12 March 2007, the Trust handed over a custom made titanium wheelchair which was imported from w:st="on"Switzerland, to Talita. The cost of this chair amounted to R34 500.00. The Trust also enrolled her in a 1 year computer course to enable her to study so that she could work again and become self-sustainable. We also purchased a lap top computer with the required software so she could work and study. The amount spent was approx. R15 000.00. The total donation received by Talita from the Trust amounted to R49 000.00.

The Trust purchased a unique type of medical equipment called an "Easy Stand Evolve". This equipment was sourced and imported from the w:st="on"USA and is specifically used for rehabilitation in paraplegic as well as quadriplegic patients. The total cost of this equipment was \$3 926.25 or R32 942.44 which was donated to the Rehabilitation Centre at w:st="on"Entabeni Hospital. The Trustees felt that this piece of equipment would be beneficial to many patients at rehab, particularly those who suffered serious head and/or spinal cord injuries. Dr Hugh Staub, who also acts as Trustee of the NRF and heads the Rehabilitation Centre at w:st="on"Entabeni Hospital (who is a horse rider himself) advised that many horse injured people come to the centre and as this is the only rehab facility in KZN, it made sense to donate the equipment to them. In this way, we would reach more than one patient at a time.

The Trust also received an application for assistance from John Khumalo, a work rider from the Gary Alexander Yard in JHB. John also suffered a traumatic injury while at work and was left paralyzed. As the Trustees have taken the decision to assist John, it is a rather lengthy process and many medical reports, social worker's reports etc. etc. needs to be taken into consideration in order to make an informed decision as to where help is needed.

The Trust received a further application for assistance from the Glen Kotzen yard, on behalf of a groom whom suffered a head injury when kicked by a horse. This applicant, however, recovered from his injuries to such an extent that he could return to work.

Currently there are three applications which were received by us within the past week. One from the parents of a 10 year old girl, who suffered severe injuries when her horse bolted off with her, getting her leg caught in the branch of a tree. The prognosis is uncertain at present and we are awaiting medical information. The second was by a professional show jumper from the JHB area, who suffered a serious head injury and was left paralyzed. Again, prognosis uncertain at present and information awaiting. The third application received this week was from an event rider from the Summerveld area, who is currently fighting for his life. The prognosis is uncertain and further investigation pending.

During November 2007, a float from New Turn Carrier's overturned at Van Rheenen's Pass. Horses were killed, others were injured and the grooms travelling in this float were also seriously injured. Upon enquiry to Dorrie Sham, we were advised that they all recovered from the injuries and have resumed work. (This could have been so different!)

Leo Baxter - well known polo player and businessman from w:st="on"Johannesburg, was left with a broken neck whilst playing polo. I visited Leo last November at his w:st="on"Johannesburg home and had the privileged to see how he and his family cope with this tragedy. Fortunately for Leo, he has the financial means to afford to pay for the best treatment anywhere in the world (which is exactly what he did) so the Trust did not need to step in financially. Shortly after his accident, he was airlifted to w:st="on"Miami, USA. It was an eye opener to learn what is available in the medical field abroad that we do not have in w:st="on"South Africa and yet again I was more determined to raise funds for people who cannot afford! Leo told me that only his therapy with various therapists, amounts to R200 000.00 per month! Leo also told me that if a person with such an injury does not have the financial means, they literally have no chance! Leo Baxter has now also become one of the supporters of the work the foundation does, for which we are very grateful.

We can say with confidence, from the amount of applications and enquiries received thus far, that the Trust has found a place, has established itself but need the support of sponsors to sustain the work we aim to do and achieve our goals. Making a difference - even if it is one person!

In my capacity of Founder and CEO of the NRF, I have committed to raising funds and would like to

continue to do so. It is very encouraging when people offer to help in some way, as every little bit helps. One should take into account that any charitable organization works similarly to any business. One needs to spend money to make money. The trust has raised some funds in the past and a reasonable reserve has been built up and I am of the opinion that the trust is in a position to assist immediately where help is desperately needed. Accidents are not planned, that is why they are called accidents. One should also take the criteria of the trust into consideration as it is such that it provides for a relatively specific beneficiary. Horse related incidents and accidents are not as common as for eg. Motor vehicle accidents which occur on a daily basis. The fact that the trust has not spent all the reserves it has built up, does not mean that it is not doing what it was intended for nor does it mean that the trust should lose credibility and/or support.

In my opinion, most serious horse related accidents results in either a head or spinal cord injury. I would like to just give you a bit of information and first hand knowledge in respect of these injuries. (In most less serious cases the injured person would be able to afford to pay the day to day expenses, either by way of medical aid, hospital plan, insurance cover or even personal income.)

Now, the term HEAD INJURY refers to an injury to the brain which is usually caused by a blow to the head, lack of oxygen to the brain or a lack of blood supply to the brain. Recovery from a head injury is possible, but could take up to weeks, months or even years – depending on the severity of the damage to the brain. Some people may have no noticeable problems but others may depend on nursing care for the rest of their lives. It is very hard for the doctors to determine how severe the injury is and in most cases, TIME is the only way to determine the extent of the damage. The process of recovery or rehabilitation may take much longer than the family or friends would expect. Normally the patient is kept at ICU but eventually the patient will be discharged from hospital and home care or out-patient care will commence. This is where the role of the Nicholas Rey Foundation becomes VITAL.

Continued recovery after discharge from the hospital depends on proper rehabilitation. This could be continued at home but often rehab is best accomplished at a rehabilitation centre where several hours per day are devoted to specific therapy. In South Africa, there are limited rehabilitation centres available and the problem of “WHERE TO FROM HERE” is a complex concern and depends on the needs of the injured person. The Trust also plays a big part assisting, giving advice and support to the patient as well as the family. It also depends on the financial means of the injured person and often if medical aid is available, funds would become depleted at this point. Hospitals are also run as businesses and medical aids for that matter too. If there are no more funds and rehab needs to be continued to benefit the patient, the NRF would step in.

Head and/or spinal cord injured patients have continued problems when they return home. A problem such as emotional instability and personality changes are especially common and create frustrations to the family with disturbing consequences. Rehab is very important, not only for the injured person, but the entire family structure.

The cost of rehab and/or after care is extremely high and very few people are able to afford these medical expenses. The ideal scenario for an injured person would be to have a team of experts and therapists who work together to achieve a common goal, whether it is to help the injured person to eat, speak, swallow or by just re-gaining some bodily functions. John Khumalo for instance, does not have the financial means to assist him with rehab and the trustees (who consists of a panel of experts in the field) need time to investigate his circumstances in order to make an informed decision as to how to assist him best. Apart from the fact that these evaluations needs time to be made, that patient also needs time to heal in order to determine the damage caused by the accident.

The NRF is set up for a specific purpose and the funds of the NRF will be utilized for those purposes and specific needs.

I sometimes can't help but wonder what would have happened to the Trust's credibility if we were suddenly faced with an occasion where funds needs to become available and there are none! I believe that the trust should not be penalised or lose credibility for not spending funds at hand.

Apart from some voluntary help from time to time, most of the work that goes into the running of the trust is done by me. I am not doing it for financial gain. The Trust cannot continue without

funding and/or donations and call upon you to support us. Although the Trust has not always been successful in it's fundraising endeavours, it has succeeded to communicate the message that "where help is needed, it is available."

I would like to close by saying that the Horse Racing Industry has been very generous toward the Trust in the past, for which we are very grateful and we hope that we can continue to rely upon your support in the future. We look at every single application and evaluate the merits of each case. The funds will be allocated wisely and for the right reasons.

I trust we can count on your continued support and assure you of our best intentions at all times. Please visit our website at www.nickreyfund.co.zo for more updates and information on the Trust.

Kind regards

Ricky Smit

CEO

The Nicholas Rey Foundation